In Ask Your Angels, Alma Daniel, Timothy Wyllie and Andrew Ramer say, "Until recently, we've been focusing on seven major chakras in our bodies. But as we evolve and grow closer to the angels, a new chakra is awakening within us. We are calling this the Thymus chakra. It is found midway between the Heart and Throat chakras. Just as the angels are open to all of life, this new chakra will support us as we learn to open more and more to each other. It is also connected to the thymus gland, a major part of the immune system. Awakening this new chakra will boost our immune system and assist us in dealing with cancer, AIDS, heart disease, stroke and other diseases." Shown another way, including details on the Thymus Chakra:

Chakra	Root Muldhara	Sacral Svadhisth ana	Solar Plexus Manipura	Heart Anahata	Thymus Atma	Throat Vishudda	3 rd Eye Ajna	Crown Sahasrara
Color	Red	Orange	Yellow	Green (s/times pink)	Aquamarine	Blue	Indigo purple	Violet-white
Element	Earth	Water	Fire	Air	Ether	Sound	Light	Information
Endocrine Gland	Adrenals	Gonads	Pancreas	Thymus	Thymus	Thyroid	Pituitary	Pineal
Function	Survival, security, prosperity	Sexuality, creativity, Physical health	Power, accomplish- ments	Love	Compassion, peace, forgiveness	Communica tion, expression	Intuition	Cosmic consciousne ss
Gemstone	Ruby	Carnelian	Sapphire	Emerald (Rose quartz)	Aquamarine	Turquoise	Lapis lazuli	Quartz
Kingdom	Mineral	Plant	Animal	Human	Connection to world soul	Angelic realm	Archangels	The Creator
Location	Base of spine	Lower abdomen ~ 2" below navel	Solar plexus region	Center of chest	Upper chest	Throat	Middle of forehead	Top of head
Metal	Iron	Copper	Brass	Pewter	Beryllium	Quicksilver	Silver	Gold
Perception / Sense	Kinesthetic	Physical	Feeling	Love and empathy	Karmic awareness	Hearing and speaking	Seeing, visualization	Spiritual