

COCONUT PINEAPPLE MOCKTAIL



SERVES
1



PREP
10 mins

INGREDIENTS

1/2 cup Pineapple Juice
1/2 Lime, juiced, plus more as needed
1 tsp Maple Syrup - or to taste (optional)
1/2 to 3/4 cup Coconut Water (unsweet)
Ice Cubes to serve
Shredded Coconut for garnish (optional)

INSTRUCTIONS

1. Into a glass, pour pineapple juice, lime juice, and maple syrup (start with 1 teaspoon and adjust later).
2. Stir to combine, then add plenty of ice cubes.
3. Pour in the coconut water. Sprinkle with shredded coconut and serve!

Notes:

- For a healthy mocktail, use a no-added-sugar brand of pineapple juice that does not come from concentrate.
- Change up the flavour by swapping the pineapple juice for other options like orange, cranberry, or grapefruit.
- For a sparkling mocktail, use a taller glass and top it with some sparkling water.

