

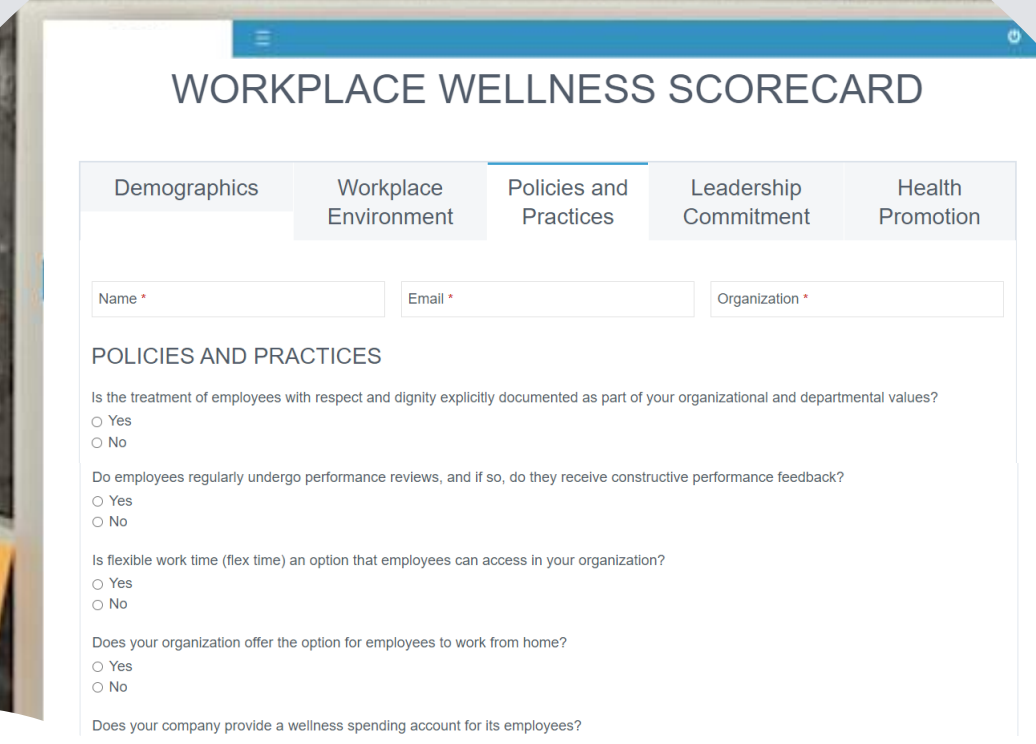
WELCOME TO WELLNESS IN MOTION

TAKE WORKPLACE WELLNESS TO THE NEXT LEVEL

Healthy Organization. Healthy Employees.

Understand how well your organization is addressing workplace wellness and offer employees some valuable wellness content!

Sign Up
Today!



WORKPLACE WELLNESS SCORECARD

Demographics Workplace Environment Policies and Practices Leadership Commitment Health Promotion

Name * Email * Organization *

POLICIES AND PRACTICES

Is the treatment of employees with respect and dignity explicitly documented as part of your organizational and departmental values?
 Yes
 No

Do employees regularly undergo performance reviews, and if so, do they receive constructive performance feedback?
 Yes
 No

Is flexible work time (flex time) an option that employees can access in your organization?
 Yes
 No

Does your organization offer the option for employees to work from home?
 Yes
 No

Does your company provide a wellness spending account for its employees?



WELLNESS SCORECARD

A web-based questionnaire to help evaluate how your organization is doing with workplace wellness.



LIVE WORKSHOP

Creating Joy Amidst the Chaos is a live, virtual presentation hosted by our Wellness Expert, Meaghan Jansen.

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