

VIRTUAL MEMBERSHIP

Feature Sheet

UNLIMITED EMPLOYEES • FAMILY ACCESS

Membership Welcome Call • Strategy & Discovery Discussion • Year-at-a-Glance

WELLNESS RESOURCES

- Monthly Newsletters
- Monthly Individual Challenges
- 3 Wellness e-Campaigns
- 3 Wellness Poster Sets
- 2 Seasonal e-Campaigns



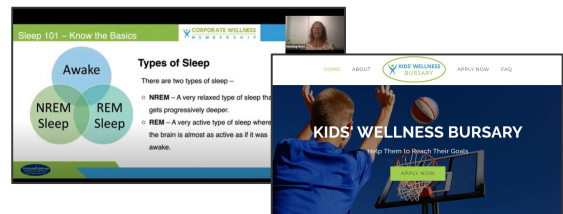
VIRTUAL WORKSHOPS

- Two topics each year chosen from our list of popular workshops
- Recorded and archived for those who are unable to attend



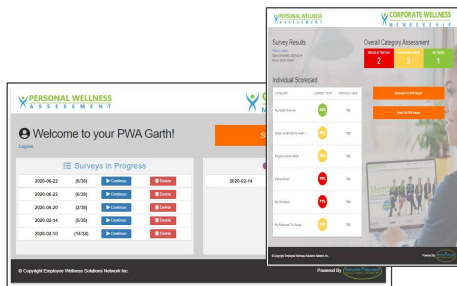
FAMILY FUN

- 3 Family Wellness Webinars
- Annual Kids' Wellness Bursary



PERSONAL WELLNESS ASSESSMENT

- Private and Confidential Login
- Individual Personal Wellness Assessment
- Corporate Trend Report



VIRTUAL TEAM CHALLENGE

- Facilitator Guide
- Individual Activity Submission Forms
- Weekly Team Leaderboard Updates



Memberships as low as \$375 / month
membership@ewsnetwork.com

*Ask about our Virtual Health Coaching Add-on.

