

# 90-DAY STARTER KIT

## Feature Sheet

UNLIMITED EMPLOYEES • FAMILY ACCESS

Membership Welcome Call • Strategy & Discovery Discussion • Year-at-a-Glance

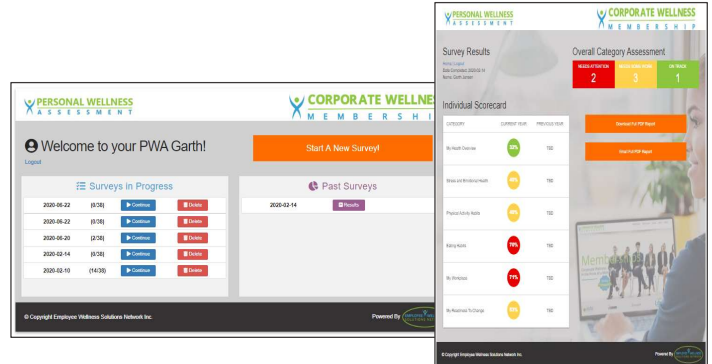
### WELLNESS RESOURCES

- Monthly Newsletters
- Monthly Individual Challenges
- Mental Wellness e-Campaign
- Mental Wellness Digital Poster Set



### PERSONAL WELLNESS ASSESSMENT (PWA)

- Private and Confidential Login
- Individual Personal Wellness Assessment
- Corporate Trend Report



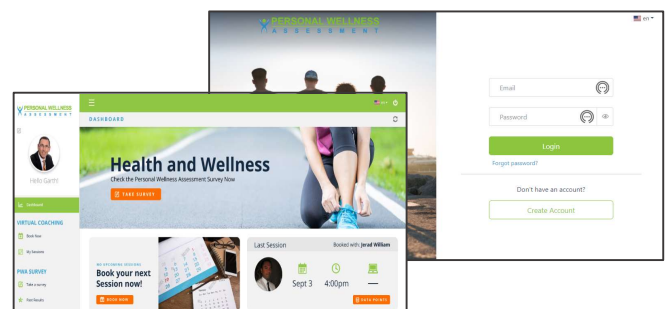
### FAMILY FUN

- Family Wellness Webinar



### MEMBER PORTAL

- Newsletter Archives
- Access to Resources
- Past PWA Reports



[membership@ewsnetwork.com](mailto:membership@ewsnetwork.com)

Virtual Memberships as low as \$375 / month

