LONDON KIDS TRIATHLON

Come give it a TRI! Sunday, June 14th, 2020 SWIM - BIKE - RUN for YOU! Come join the FUN!

www.londonkidstriathlon.com



Presented by:





Supporting:



#kidshelpingkids

AGE GROUPS AND DISTANCES

Age Group	Swim	Bike	Run
3 – 5	20m	500m	250m
6 - 7	25m	1.5km (1 lap)	500m
8-9	75m	3.0km (2 lap)	1km
10 – 11	100m	4.5km (3 lap)	1.5km
12 – 13	200m	7.5km (5 lap)	2km

14 - 15200m7.5km (5 lap)2km

The London Kids Triathlon is such a great family-friendly event! Our kids have been competing since both were 3 years old! The facility is perfect for safety, viewing and cheering on the kids. The volunteers are so helpful in transition and the closed-course really keeps the whole event contained. Even having parking available at the Superstore was great and easy for access! We are thrilled it's back! - **Parent**



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