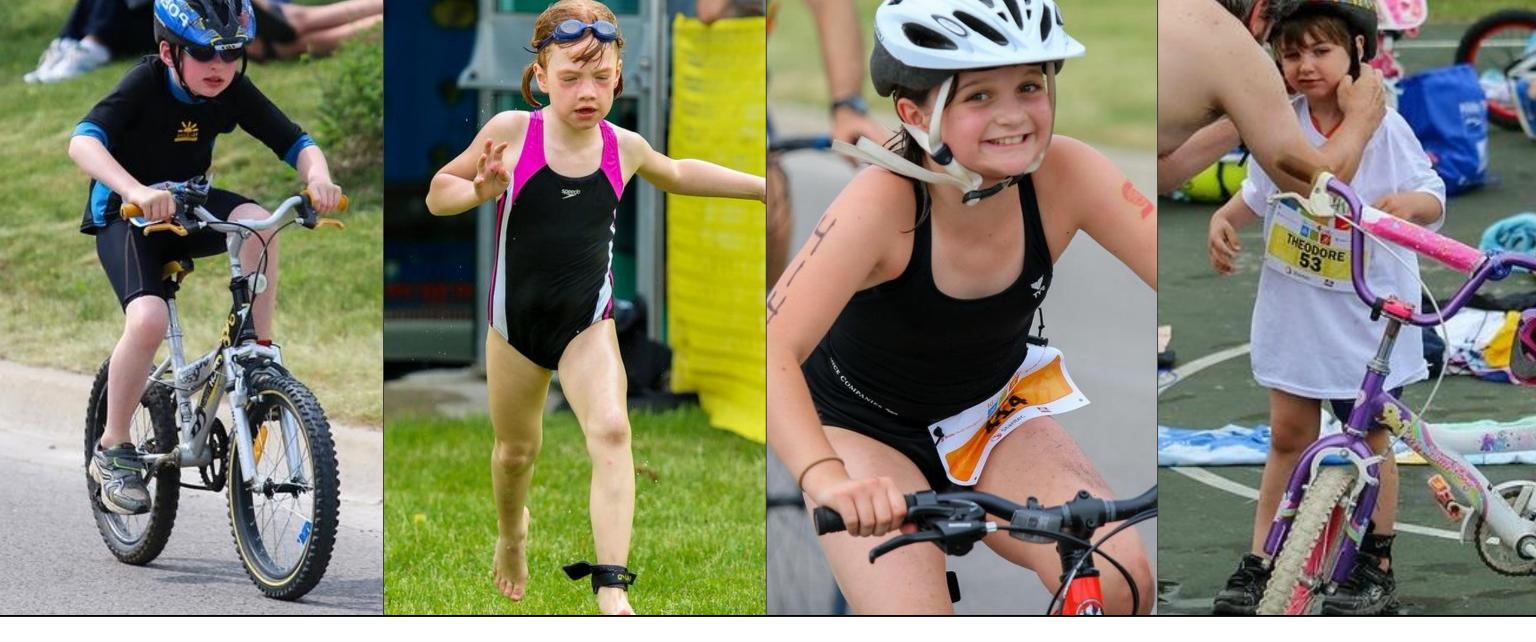
# LONDON KIDS TRIATHLON

# Come give it a TRI! Sunday, June 14<sup>th</sup>, 2020 SWIM - BIKE - RUN for YOU! Come join the FUN!

www.londonkidstriathlon.com



#### Presented by:





Supporting:



### #kidshelpingkids

## AGE GROUPS AND DISTANCES

Age Group	Swim	Bike	Run
3 – 5	<b>20m</b>	<b>500m</b>	<b>250m</b>
6 - 7	<b>25m</b>	1.5km (1 lap)	<b>500m</b>
8-9	<b>75m</b>	<b>3.0km (2 lap)</b>	1km
10 – 11	<b>100m</b>	4.5km (3 lap)	<b>1.5km</b>
12 – 13	<b>200m</b>	7.5km (5 lap)	2km

14 - 15200m7.5km (5 lap)2km

The London Kids Triathlon is such a great family-friendly event! Our kids have been competing since both were 3 years old! The facility is perfect for safety, viewing and cheering on the kids. The volunteers are so helpful in transition and the closed-course really keeps the whole event contained. Even having parking available at the Superstore was great and easy for access! We are thrilled it's back! - **Parent** 



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