

BASIC 5	PRO 15	ELITE 30	ELITE PLUS
\$145/mth	\$245/mth	\$345/mth	TAILOR-MADE
5 CWM Credits*	15 CWM Credits*	30 CWM Credits*	ALL INCLUSIVE
10%	15%	20%	20%+
CWM Credit Discount**	CWM Credit Discount**	CWM Credit Discount**	CWM Credit Discount**
<ul style="list-style-type: none"> ✓ Unlimited Employees ✓ Wellness Strategy Call ✓ Monthly Newsletters ✓ Individual Challenges ✓ 2 Seasonal e-Campaigns ✓ Family Wellness Webinars ✓ Kids' Wellness Bursary ✓ 3 Wellness e-Campaigns ✓ 3 Wellness Poster Sets 	<ul style="list-style-type: none"> ✓ Unlimited Employees ✓ Wellness Strategy Call ✓ Monthly Newsletters ✓ Individual Challenges ✓ 2 Seasonal e-Campaigns ✓ Family Wellness Webinars ✓ Kids' Wellness Bursary ✓ 3 Wellness e-Campaigns ✓ 3 Wellness Poster Sets ✓ 1 Team Challenge ✓ Health Risk Assessment 	<ul style="list-style-type: none"> ✓ Unlimited Employees ✓ Wellness Strategy Call ✓ Monthly Newsletters ✓ Individual Challenges ✓ 2 Seasonal e-Campaigns ✓ Family Wellness Webinars ✓ Kids' Wellness Bursary ✓ 3 Wellness e-Campaigns ✓ 3 Wellness Poster Sets ✓ 1 Team Challenge ✓ Health Risk Assessment ✓ Corporate HRA Report 	<ul style="list-style-type: none"> ✓ Unlimited Employees ✓ Wellness Strategy Call ✓ Monthly Newsletters ✓ Individual Challenges ✓ 2 Seasonal e-Campaigns ✓ Family Wellness Webinars ✓ Kids' Wellness Bursary ✓ 3 Wellness e-Campaigns ✓ 3 Wellness Poster Sets ✓ 1 Team Challenge ✓ Health Risk Assessment ✓ Corporate HRA Report ✓ 1-on-1 Coaching ✓ Onsite Events ✓ Group Exercise Classes ✓ Health Fairs ✓ Analysis/Reporting

*Corporate Wellness Membership (CWM) Credits – Used to purchase program components.

**CWM Credit Discount – Discount levels differ by membership level.

Terms – Thirty (30) days cancellation by emailing info@corporatewellnessmembership.com after minimum of 12 months.

HOW TO USE YOUR CREDITS

Administrative Duties	1 credit/hr	Health Risk Assessment (HRA) for Staff	5 credits
Additional Poster Sets	1 credit	Corporate HRA Report	5 credits
Corporate Consulting	2 credits/hr	Engagement Reports	5 credits
Additional E-campaigns	2 credits	Group Exercise Classes ⁶	8 credits
Program Launch/Orientation Session	5 credits	Additional Team Challenges	10 credits
Lunch n' Learns & Workshops	5 credits	Wellness Committee Certification	15 credits
1/2 Day Health Outreach Days ⁵	5 credits	Health Fair Organization	20 credits
1/2 Day One-on-one Coaching ⁵	5 credits	Corporate Wellness Audit	50+ credits

www.corporatewellnessmembership.com

¹ Organizations will receive three poster sets and three email campaigns during the year to coincide with health themes. ² Team challenges will be emailed to each organization including promotional emails, posters and other materials. ³ Corporate Consulting calls may be done with an organization's wellness committee, leadership or other contact regarding strategy, reporting, analysis and other topics. *Note this time does not include any additional research or analysis. ⁴ % off additional credits which retail for \$100/credit. ⁵ 1/2 day refers to 3hours. ⁶Set of 4 classes. Travel and expenses may be extra.

POWERED BY:

