IT’S COMING EMAIL

Good Morning,

Lordco Auto Ltd is very excited to be launching an HRA (Health Risk Assessment) for all employees through our Corporate Wellness Membership providers EWSNetwork. This 10-minute individual assessment is open now and will be accessible until March 16th for you to complete. We are encouraging all staff to complete this.

Things to know….

1. Your HRA results are 100% confidential
2. You will instantly receive a personalized report that can help you to identify your own personal wellness goals
3. A group trend report will identify the top wellness areas of the company, which can then be used to create programming that will meet both the needs and wants of the organization.

Simply go to [www.corporatewellnessmembership.com/hra](http://www.corporatewellnessmembership.com/hra) (there is a short instructional video)

1. Watch the video
2. Click on “Get Started”
3. Click on “Health Questionnaire”
4. Enter the code CWM048
5. Complete survey
6. Email yourself a copy of your results

We thank you in advance for completing the HRA!

Have a great day,

Have a great day,

IT’S COMING – REMINDER EMAIL

Good Morning,

We have decided to reopen the HRA (Health Risk Assessment) for the month of January so that more people have an opportunity to complete it. This is a fantastic individual wellness tool that will help you to identify your own areas of focus for the upcoming year. We are encouraging all staff to complete it!

Things to know….

1. Your HRA results are 100% confidential
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 LAUNCH EMAIL

Good Morning,

**TODAY IS THE DAY!** The Health Risk Assessment is active, and you are now able to complete your personal health & wellness assessment between today and December 14th. \*Please note this questionnaire is not compatible with Internet Explorer

Simply go to [www.corporatewellnessmembership.com/hra](http://www.corporatewellnessmembership.com/hra) (there is a short instructional video)

1. Watch the video
2. Click on “Get Started”
3. Click on “Health Questionnaire”
4. Enter the code CWM032
5. Complete survey
6. Email yourself a copy of your results

We thank you in advance for completing the HRA!

FINAL REMINDER EMAIL

Good Morning,

Just a friendly reminder that there are only a few days left in the HRA (Health Risk Assessment) campaign. If you have not yet done so, kindly take a few minutes to complete your personal assessment before end of day on December 14th

Simply go to [www.corporatewellnessmembership.com/hra](http://www.corporatewellnessmembership.com/hra) (there is a short instructional video)

1. Watch the video
2. Click on “Get Started”
3. Click on “Health Questionnaire”
4. Enter the code CWM032
5. Complete survey
6. Email yourself a copy of your results

We thank you in advance for completing the HRA!

Have a great day,