wellness credit worksheet

Item	Credits	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total Credits
Administrative Duties (/hr)	1													
Additional Poster Sets (4 copies / 3 sets)	1													
Corporate Consulting	2													
Additional E-campaigns	2													
Group Exercise Classes (Set of 4)	5													
½ Day Health Education Outreach Days	5													
½ Day 1-on-1 Coaching	5													
Lunch n' Learns & Workshops	5													
Program Launch/Info Session	5													
Reports	5													
Team Challenges	10													
Team Building Events	15													
Wellness Committee Certification	15													
Health Fair Organization	20													
Corporate Wellness Audit	50+													