

GOLD Corporate Wellness Membership January – December



... a comprehensive wellness strategy

Initiative	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Wellness Strategy Call												
Newsletter & Challenges	EWSNetwork Monthly Digital Wellness Newsletter and Individual Awareness Challenges											
Family Wellness Webinar Series	Webinar #1				Webinar #2				Webinar #3			
Poster Set	Topic #1 Poster				Topic #2 Poster				Topic #3 Poster			
Email Campaign	Topic #1 E-Campaign (4 weeks)				Topic #2 E-Campaign (4 weeks)				Topic #3 E-Campaign (4 weeks)			
30 Day Team Challenges				Take Steps to Stop the Silence Challenge							Healthy Lifestyle Challenge	
Kids Wellness Bursary						Kids Wellness Bursary Campaign						
Plus 15 Credits (Additional Credits 15% off retail)												