

# Silver Corporate Wellness Membership January – December



... a comprehensive wellness strategy

Initiative	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
<b>Wellness Strategy Call</b>												
<b>Newsletter</b>	EWSNetwork Monthly Digital Wellness Newsletter											
<b>Individual Challenges</b>	EWSNetwork Individual Awareness Challenges											
<b>Family Wellness Webinar Series</b>	Webinar #1				Webinar #2					Webinar #3		
<b>Poster Set</b>		Heart Health Poster			Stress Poster				Weight Management Poster			
<b>Email Campaign</b>		Heart Health E-Campaign (4 weeks)				Stress E-Campaign (4 weeks)				Weight Management E-Campaign (4 weeks)		
<b>Plus 5 Credits</b> (Additional Credits 10% off retail)												