

Festive Pomegranate Guacamole

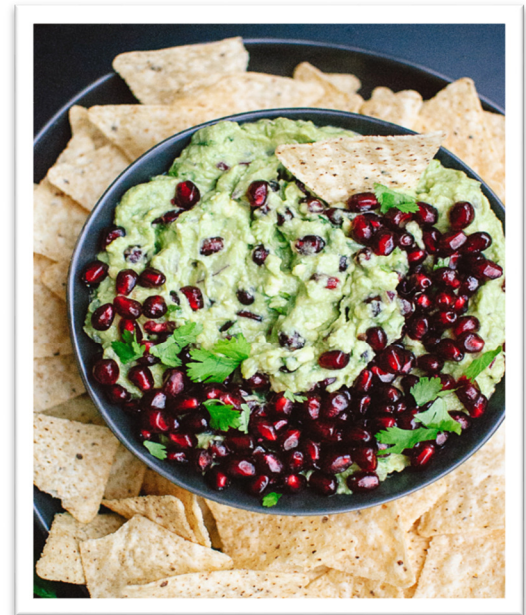
Toss together your favourite guacamole. To make it more festive, add a ½ cup of pomegranate seeds! Pomegranates are high in vitamin C, vitamin K, and healthy antioxidants.

Ingredients:

- 2 medium ripe avocados
- 1/3 cup diced red onion
- 1/4 cup chopped cilantro
- 2 tbsp fresh lime juice
- 1/2 tsp salt
- 1/4 tsp pepper
- 1/2 cup pomegranate seeds

Directions:

Mix together and serve with pitas, chips or crackers



Source: cookieandkate.com, livestrong.com