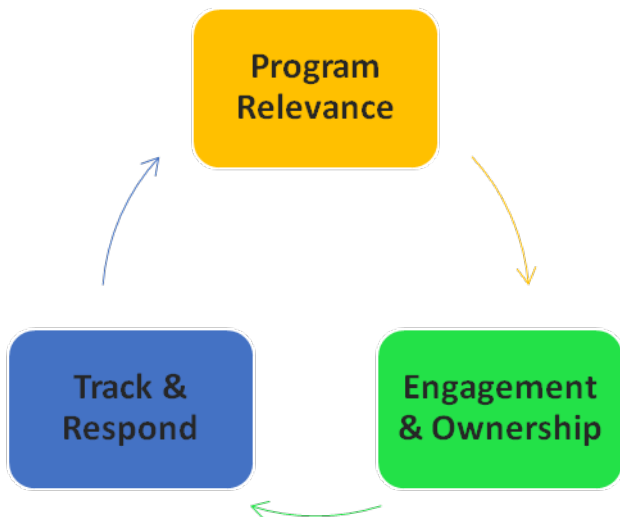


# Wellness in Manufacturing Yes You Can!



Find out how you can successfully bring employee wellness to your workforce!

Join the following industry professionals

## Free Webinar

### *Wellness In Manufacturing – Yes You Can!*

See how they succeeded in the same challenging atmosphere you may be facing.

#### **Leah Warner**

Corporate Program Director  
EWSNetwork

#### **Mark Hammond**

Health, Safety & Environmental Manager  
ZF TRW

**Thursday, September 22 or  
Tuesday, September 27<sup>th</sup>  
at 11:00am**

click the link below to register

[www.ewsnetwork.com/webinar](http://www.ewsnetwork.com/webinar)

## The Challenges

In manufacturing, the challenges are clear: an aging workforce, entrenched poor health habits, low computer literacy, and logistics such as shift work, multiple locations and production demands. Sometimes it can make wellness seem like a pipe dream.

## The Solution

Establishing the will to start is the first step. Yes you can! Having partnered with many manufacturers across Canada, here are few keys to making a true difference in the health of your employees.

- 1 Program Relevance** - make the program accessible in all ways. That means non-intimidating materials and initiatives, encouraging simple steps, and providing a consistent message of health across the organization.
- 2 Engagement** - go and get them. Approach every employee in a non-judgmental and inclusive manner.  
**Ownership** - make it their program. As your program takes shape, respond to their feedback with empowerment whenever possible.
- 3 Track and respond** - watch for markers of success; engagement rates, anecdotal evidence of change, conversations around the wellness program, an expectation of a healthy culture, information being taken home to families. These intangibles will show you where to go next.



... a comprehensive wellness strategy

[www.EWSNetwork.com](http://www.EWSNetwork.com)