

10th HEALTH SYMPOSIUM ANNUAL

2006 - 2016



Pan Pacific Hotel


Crystal Pavilion (Lobby Level)
300 - 999 Canada Place
Vancouver, BC V6C 3B5

May 11th, 2016

7:30am – Noon

TRG
GROUP BENEFITS

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Connecting Health, Education, and The Bottom Line

TRG is proud to provide you with a wide array of quality educational content. We are pleased to be partnering with Crosslinks Health Consulting Inc. for our 10th Annual Health Symposium and excited to highlight our speakers and the content we are sharing.

AGENDA

Wednesday, May 11th, 2016

- 7:30am **Buffet Breakfast and Registration**
Diabetes Awareness – Get Your Blood Glucose Tested
- 8:30 **Welcome and Introduction**
Rob Taylor, *Principal, TRG Group Benefits & Pensions Inc.*
Roy Pullman, *President, Crosslinks Health Consulting*
- 8:40 **Obesity – Managing the Impact on Workplaces**
Ali Zentner, *MD, FRCPC, Diplomat of the ABOM*
Medical Director of Live Well Medical and Exercise Clinics
Medical Director VIHA Bariatric Program
- 9:20 **Diabetes – Investing in Your Workforce**
Dan Pelletier, *B.Sc., Manager, Health Solutions, AstraZeneca*
- 10:00 **Health & Networking Break**
- 10:30 **The Future of Your Benefit Plan**
Brent Delveaux and Rob Taylor, *TRG Group Benefits & Pensions Inc.*
- 11:10 **Managing Cardiovascular Disease – Impact on the Workplace**
Krishnan Ramanathan, *MB, ChB, FRACP, FRCPC*
Medical Director, Cardiac Intensive Care Unit (CICU), St. Paul's Hospital
Clinical Associate Professor, University of British Columbia
- 11:50 **Wrap-Up & Close**
Greg Pallone, *Managing Director, TRG Group Benefits & Pensions Inc.*

Registration Information

Space is limited.

Please RSVP to Caryn Newton, TRG Group Benefits & Pensions Inc.

cnewton@trggroup.com by May 2, 2016.

10th Annual Health Symposium

Featured Speakers



Ali Zentner, MD, FRCPC, Diplomat of the ABOM, Medical Director of Live Well Medical and Exercise Clinics, Medical Director VIHA Bariatric Program

This presentation will review the risks of obesity from the perspective of wellness, productivity, and quality of life. Evidence based obesity management strategies that can be implemented in the workplace will be reviewed including issues concerning obesity bias, dysfunctional expectations as well as motivation and behavior change.

Dan Pelletier, B.Sc., Manager, Health Solutions, AstraZeneca

Dan will offer insights on the impact of diabetes in the workplace from a psychosocial, drug and disability standpoint. He will also introduce *motivation™*, an innovative 6-month pilot workplace program to help employees understand their diabetes risk and support their well-being through health coaching.



Brent Delveaux, Principal, TRG Group Benefits & Pensions Inc.



Rob Taylor, Principal, TRG Group Benefits & Pensions Inc.

Pace of change continues to escalate with potential for profound advancements in member experience, efficiency of service access and specialized medicine. Rob and Brent will explore the happy world of medical marijuana, pharmacogenetics and more.



**Krishnan Ramanathan, MB, ChB, FRACP, FRCPC
Medical Director, Cardiac Intensive Care Unit (CICU), St. Paul's Hospital, Clinical Associate Professor, University of British Columbia**

Improvements in cardiovascular disease management have significantly reduced the number of heart attacks and related complications due to cholesterol lowering medications. However, some high risk patients cannot control their cholesterol levels using current therapies, and cardiovascular disease remains the leading cause of death worldwide. Increasing economic burden imposed by this disease includes growing hospitalization costs and loss of productivity and potential lifelong disability.

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