

**Workplace Wellness Champion Certification**

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**A HEALTHY WORKPLACE….**

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**VISION STATEMENT**

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**MISSION STATEMENT**

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| **Main Wellness Objectives for 2016** |
| 1. |
| 2. |
| 3. |
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**Being an Effective Leader and/or Wellness Champion - Main Points/Action Items \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**#1 – Communication – Main Points/Action Items**

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**#2 – Visibility/Value – Main Points/Action Items \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**#3 – Supportive Programs – Main Points/Action Items**

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**Strategic Affiliate Memory Jogger**

Name, Company Name, Email/Contact

|  |  |
| --- | --- |
| Acupuncture |  |
| Acupressure |  |
| Allergies |  |
| Aromatherapy |  |
| Art Therapy |  |
| Asthma |  |
| Back Health |  |
| Brain Training |  |
| Cancer Society |  |
| Chiropractor |  |
| Diabetes Association |  |
| Fitness Instructors |  |
| Gait Specialist |  |
| Healing Touch Therapist |  |
| Hearing |  |
| Heart and Stroke Foundation |  |
| Herbal Specialist |  |
| Holistic Nutrition |  |
| Homeopathy |  |
| Hydrotherapy |  |
| Ionic Footbaths/Detox |  |
| Iridologist |  |
| Kickboxing |  |
| Massage Therapist |  |
| Men’s Health |  |
| Mental Health |  |
| Motivational Speaker |  |
| Naturopathic Doctor |  |
| Osteopath |  |
| Osteoporosis Society |  |
| Pedorthist |  |
| Pharmacist |  |
| Pilates |  |
| Reflexologist |  |
| Reiki |  |
| Shoe Specialist |  |
| Smoking Cessation |  |
| Stone Massage |  |
| Stress Management |  |
| Tai Chi |  |
| Women’s Health |  |
| Yoga |  |
| Other: |  |