
“I don’t think this program
is doing anything.”

“If I do any of these assessments my
bosses may use results against me.”

“Leaders don’t participate,
so why should I?”

“I don’t like the wellness program.”

“I don’t really think wellness
is important here.”

“Why are we caring about wellness now?”

“Our culture isn’t a good one. How can you say wellness can make a difference?”

“I heard wellness can be beneficial for the workplace. How can it help me?”

“You are just focussing on wellness because sick time is too high.”

“I don’t think management is behind this program....”

“I take care of myself just fine. Other people should be able to do the same.”
