

Employee Wellness Solutions Network

www.EWSNetwork.com

Main Contact: Garth Jansen, President

Ph: 519-860-0502

Email: garth@EWSNetwork.com

EWSNetwork History

- Founded as Employer's Edge in 2003 by Meaghan and Garth Jansen
- First Corporate Program Director in 2008
- Consultant Manager contracted in 2010-present
- Name change from Employer's Edge to Employee Wellness Solutions Network in 2011
- Program Director contracted in 2011-present
- London-based servicing – 2003-present
- Ontario-based servicing – 2006-present
- East Coast servicing [NB, PEI, NS and NFLD] – 2012-present
- West Coast servicing [Vancouver] – 2014-present
- Quebec servicing (bilingual offerings) – 2014-present
- National and International speaking engagements – Vancouver, Toronto, Montreal, Barbados, Jamaica and Trinidad & Tobago – 2009-present

EWSNetwork Awards and Recognition

The impact of the EWSNetwork health and wellness program is evident with the recognition of some corporate clients over the last few years.

- Winner - 2014 Benefits Canada Health and Wellness Program of the Year Award (<1000 employees) –London Hydro
- Winner - 2014 Benefits Canada Engagement Award – Libro Credit Union
- Finalist - 2014 Benefits Canada Strategic Partnership Award – Owen's MacFadyen Group and EWSNetwork
- Finalist - 2014 Benefits Canada Health and Wellness Program of the Year Award (2 clients) Bruce Telecom, Learning Enrichment Foundation
- Finalist - 2014 Benefits Canada Engagement Award - TRW
- Finalist - 2014 Benefits Canada Communication Award - TRW
- Finalist - 2013 Benefits Canada Health and Wellness Program of the Year Award – London Hydro
- Finalist - 2013 Benefits Canada Strategic Partnership Award – EMC and EWSNetwork
- Finalist - 2012 Benefits Canada Health and Wellness Program of the Year Award – London Hydro
- Winner - 2012 Benefits Canada Strategic Partnership Award – Amway Canada and EWSNetwork
- Winner - 2011 Benefits Canada Health and Wellness Program of the Year Award – Dufferin Child and Family Services
- Gold Award – 2014 Waterloo Region Healthy Workplace Award - Teledyne Dalsa and Cambridge and North Dumfries Hydro
- Platinum Award – 2014 Waterloo Region Healthy Workplace Award - Waterloo North Hydro and Kitchener-Wilmot Hydro

- Innovator Award – 2014 Waterloo Region Healthy Workplace Award - Waterloo North Hydro
- Gold Award – 2013 Waterloo Region Healthy Workplace Award - Waterloo North Hydro and Kitchener-Wilmot Hydro
- Gold Award – 2012 Waterloo Region Healthy Workplace Award - Waterloo North hydro and Kitchener-Wilmot Hydro
- Gold Award – 2007 - 2009 London Region Healthy Workplace Awards [*awards program ended*] – Children’s Aid Society of London and Middlesex
- London’s 20 Under 40 Business Award – 2013 – EWSNetwork Owner, Meaghan Jansen
- Canada’s Safest Employers – 2014 - London Hydro
- Canada’s Safest Employers [Wellness Award] - 2014 - short listed TRW and London Hydro

EWSNetwork Media Recognition

EWSNetwork wellness programming has also been recognized in the media - Regional business magazines, Benefits Canada, SmallBiz Advisor to name only a few.

EWSNetwork Community Outreach and Supporting Health and Wellness Industry

EWSNetwork Wellness Bursary Program – impacting families has always been a vision of EWSNetwork. A wellness bursary program has been created that rewards school-based youth [<18 years old]; who are children of our current corporate client base [or who are recommended by a staff member at one of our corporate clients]; and who wish to participate in extra-curricular sport at school or in the community. Registration fees and some needed equipment are waived [up to \$300].



EWSNetwork has created a website, nomination form, selection committee, and support network for this initiative. Roll-out was January 2013 and to date we have awarded **56 kids** with a bursary [www.EWSNetwork.com/bursary].

- Advisory board member for the Masters of Health Promotion and Health Coaching – U of Guelph and Humber College – 2015-present
- Advisory board member for the NEW Canadian Academy of Lifestyle Medicine – 2014 – present
- Partners in Prevention, HRP, Chamber – several presentations 2012-present
- GoodLife Kids Foundation – EWSNetwork sponsorship
- Sunshine Foundation – Corporate Challenge Steering Committee – 2010-Present
- Halloween Haunting Running Event/Race – October 27, 2013 in association with Runners’ Choice [strategic affiliate]. 53 EWSNetwork participants supporting London Track 3 Ski School.
- Learning Enrichment Foundation Comedy Cares Prize Sponsor - 2012
- Labatt 24-Hour Relay Steering Committee – 2008-2010
- Run for Ovarian Cancer – facilitated groups, volunteered race day, pre-race warm up – 2003-2008
- Specialty Hole Sponsor – Chamber golf tournament, Rotary golf tournament, many other regional events – 2003-present

Project Team and Responsibilities

EWSNetwork Management Team – The EWSNetwork Management Team is responsible for overseeing the strategic direction, plan and design of the wellness program. Also, he/she is responsible for reporting to the main contact person on a pre-determined schedule.

EWSNetwork Corporate Program Director [CPD] – The EWSNetwork CPDs are responsible for scheduling, implementing, and evaluating the wellness initiatives. CPDs are also the main liaison for the wellness committee and for staff.

EWSNetwork Consultant Manager – The EWSNetwork Consultant Manager maintains a stringent recruiting, training and maintaining system for all wellness consultants. The Consultant Manager also ensures quality control pertaining to specific engagement goals. Through the EWSNetwork Goal Setting/Metrics Program booking, attendance and cancellation rates pertaining to the wellness consultation appointments are determined, set and achieved to ensure engagement objectives are met.

EWSNetwork Portal Manager – The EWSNetwork Portal Manager ensures that any data inputted into the system is done properly and completely so to ensure accurate reporting. Shift and event reconciliation are also maintained.

EWSNetwork Program Development Team – The Program Development Team continually creates programs to suit the needs, societal trends and client-specific programs to suit the strategic direction.

EWSNetwork Wellness Consultants – The EWSNetwork Wellness Consultants help to implement the on-site programming through conducting wellness consultations and implementing various group and awareness programs, directed by the CPD.

All biographies, photos and qualifications can be found on our website at www.EWSNetwork.com.