30 Day Challenge

**Squats, Pushups, Planks**

**Team Points Chart**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Squats** | **Pushups** | **Squats** | **TOTAL** |
| **TEAM 1** |  |  |  |  |
| **TEAM 2** |  |  |  |  |
| **TEAM 3** |  |  |  |  |
| **TEAM 4** |  |  |  |  |

****CONGRATULATIONS TEAM \_\_\_ !!!