**Employee Wellness Solutions Network**

[www.EWSNetwork.com](http://www.EWSNetwork.com)

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**EWSNetwork History**

* Founded as Employer’s Edge in 2003 by Meaghan and Garth Jansen
* First Corporate Program Director in 2008
* Consultant Manager contracted in 2010-present
* Name change from Employer’s Edge to Employee Wellness Solutions Network in 2011
* Program Director contracted in 2011-present
* London-based servicing – 2003-present
* Ontario-based servicing – 2006-present
* East Coast servicing [NB, PEI, NS and NFLD] – 2012-present
* West Coast servicing [Vancouver] – September 2014
* Quebec servicing – November 2014
* United States servicing [San Antonio, Dallas, Philadelphia] – 2012-present
* National and International speaking engagements – Vancouver, Toronto, Montreal, Barbados, Jamaica and Trinidad & Tobago – 2009-present

**EWSNetwork Awards**

\*\*\* = Utilities specific health and wellness awards

* + - \*\*\* 2015 Chamber of Commerce – Kitchener-Wilhot North Hydro – Health and Wellness Program of the Year Award
    - \*\*\* 2014 Winner - Benefits Canada Health and Wellness Program of the Year Award (<1000 employees)
    - 2014 Winner - Benefits Canada Engagement Award
    - 2014 Finalist - Benefits Canada Strategic Partnership Award
    - \*\*\* 2014 Finalist - Benefits Canada Health and Wellness Program of the Year Award (2 clients)
    - 2014 Finalist - Benefits Canada Engagement Award (2 clients)
    - 2014 Finalist - Benefits Canada Communication Award
    - \*\*\* 2013 Finalist - Benefits Canada Health and Wellness Program of the Year Award
    - 2013 Finalist - Benefits Canada Strategic Partnership Award
    - \*\*\* 2012 Finalist - Benefits Canada Health and Wellness Program of the Year Award
    - 2012 Winner - Benefits Canada Strategic Partnership Award
    - 2011 Winner - Benefits Canada Health and Wellness Program of the Year Award
    - \*\*\* 2014 Gold Award – Waterloo Region Healthy Workplace Award (2 clients)
    - \*\*\* 2014 Platinum Award – Waterloo Region Healthy Workplace Award (2 clients)
    - \*\*\* 2014 Innovator Award – Waterloo Region Healthy Workplace Award
    - \*\*\* 2013 Gold Award – Waterloo Region Healthy Workplace Award (2 clients)
    - \*\*\* 2012 Gold Award –Waterloo Region Healthy Workplace Award (2 clients)
    - 2007-2009 Gold Award –London Region Healthy Workplace Awards [awards program concluded]
    - 2013 Meaghan Jansen presented with London’s 20 Under 40 Business Award

**EWSNetwork Media Recognition**

EWSNetwork wellness programming has also been recognized in the media. Scans of the articles are included in Appendices 16-26. The links are also listed below and indication pertaining to Utilities is noted by \*\*:

\*\*Benefits Canada - The Power Source, Jeff Harrison [London Hydro] - <http://www.benefitscanada.com/benefits/health-wellness/power-source-48095>

Benefits Canada - Small, but Mighty, Jackie Arnold [Bruce Telecom] - <http://www.benefitscanada.com/benefits/health-wellness/strategy-how-bruce-telecoms-focus-on-wellness-saved-136000-62330>

\*\*Benefits Canada - Annual Awards Gala, Jeff Harrison [London Hydro] and Shanna Doyle [Libro Credit Union] - <https://login.ewsnetwork.com/upload/resources/20151261127521422293272_Appendix%20G%20%E2%80%93%20Client%20Recognition%20at%20Benefits%20Canada%20Awards%20-%20London%20Hydro%20and%20Libro%20CU%20BC%20Articles.pdf>

\*\*Chamber of Commerce – Health and Wellness Gala [Kitchener-Wilhot North Hydro] – <https://login.ewsnetwork.com/upload/resources/2015221102621424535962_Appendix%20Gii%20-%20Health%20and%20Wellness%20in%20the%20Workplace%20Award%20-%20KWHydro.pdf>

**EWSNetwork Community Outreach**

****EWSNetwork Wellness Bursary Program – impacting families has always been a vision of EWSNetwork. A wellness bursary program has been created that rewards school-based youth [<18 years old]; who are children of our current corporate client base [or who are recommended by a staff member at one of our corporate clients]; and who wish to participate in extra-curricular sport at school or in the community. Registration fees and some needed equipment are waived [up to $300].

EWSNetwork has created a website, nomination form, selection committee, and support network for this initiative. Roll-out was January 2013 and to date we have awarded **56 kids** with a bursary [www.kidswellnessbursary.com].

* Advisory board member for the NEW Canadian Academy of Lifestyle Medicine – 2014
* GoodLife Kids Foundation – donation on behalf of EWSNetwork
* Sunshine Foundation – Corporate Challenge Steering Committee – 2010-Present
* Halloween Haunting Running Event/Race – October 27, 2013 in association with Runners’ Choice [strategic affiliate]. 53 EWSNetwork participants supporting London Track 3 Ski School.
* Learning Enrichment Foundation Comedy Cares Prize Sponsor - 2012
* Labatt 24-Hour Relay Steering Committee – 2008-2010
* Run for Ovarian Cancer – facilitated groups, volunteered race day, pre-race warm up – 2003-2008
* Specialty Hole Sponsor – Chamber golf tournament, Rotary golf tournament, many other regional events – 2003-present

**Project Team and Responsibilities**

EWSNetwork Management Team – The EWSNetwork Management Team is responsible for overseeing the strategic direction, plan and design of the wellness program. Also, he/she is responsible for reporting to the main contact person at HOBNI on a pre-determined schedule.

EWSNetwork Corporate Program Director [CPD] – The EWSNetwork CPDs are responsible for scheduling, implementing, and evaluating the wellness initiatives. CPDs are also the main liaison for the wellness committee and for staff.

EWSNetwork Consultant Manager – The EWSNetwork Consultant Manager maintains a stringent recruiting, training and maintaining system for all wellness consultants. The Consultant Manager also ensures quality control pertaining to specific engagement goals. Through the EWSNetwork Goal Setting/Metrics Program booking, attendance and cancellation rates pertaining to the wellness consultation appointments are determined, set and achieved to ensure engagement objectives are met.

EWSNetwork Portal Manager – The EWSNetwork Portal Manager ensures that any data inputted into the system is done properly and completely so to ensure accurate reporting. Shift and event reconciliation are also maintained.

EWSNetwork Program Development Team – The Program Development Team continually creates programs to suit the needs, societal trends and client-specific programs to suit the strategic direction.

EWSNetwork Wellness Consultants – The EWSNetwork Wellness Consultants help to implement the on-site programming through conducting wellness consultations and implementing various group and awareness programs, directed by the CPD.

All biographies, photos and qualifications can be found on our website at [www.ewsnetwork.com/our-team](http://www.ewsnetwork.com/our-team).