



### **Kitchener-Wilmot Hydro Wins Health and Wellness in the Workplace Award**

Kitchener-Wilmot Hydro won the Health and Wellness in the Workplace Award last night at the Chamber of Commerce Business Excellence Awards Gala.

The Business Excellence Awards Gala recognizes leading organizations that serve as role models for other businesses in the community. Businesses are nominated and recognized in 12 award categories that look to highlight the best and the brightest in Waterloo Region. Nearly 900 employees from various businesses in the area gathered last night at Bingeman's to celebrate leaders in our business community.

The Health and Wellness in the Workplace Award, sponsored by Grand River Hospital, is presented to businesses that make a commitment to health and wellness in their work environment through comprehensive healthy workplace initiatives.

A special thank you goes out to all the members of the Ergonomics Change Team (past and present) and Karen Kelly and Gloria Vaughan of Employee Wellness Solutions Network for all of the work they do year-round to facilitate various activities.

Investing in employee health is good business – thanks to our senior staff members for their support and continued investment in employee health and wellness.

Additional details can be found on the Chamber of Commerce's website <http://greaterkwchamber.com/networking-events/business-excellence-awards>.

