

Company A

Wellness Program Measurement Index

- Contractor Reporting Schedule to Management:**

Report Name	Timeframe	Description
Snapshot Report	Quarterly	Health Coaching and Event Participation
Progression Report	Semi-Annually/Annually	Health Coaching, Event Participation, *Calendar-At-A-Glance
HRA Corporate Analysis	Annually	Health Risk Assessment, Summary and Highlights, Executive Summary Report, Group/Demographic Report, Economic Benefit Report
Wellness Committee Minutes	Every two months	Wellness Committee input, discussions, evaluations, feedback
Health Coaching Satisfaction Surveys	Periodic	To gather direct feedback from health coaching participants.
Staff interest surveys, evaluations	Periodic	To gather information pertaining to staff wellness interests and feedback

- Health Benefits and Claims Trend Data:**

Year	Total employees	Health Claims/person	Drug Claims/person	EAP/person
2013	57	\$1517	\$552.76	\$38.4
<i>Comparison to 2012</i>		<i>1.8% increase</i>	<i>32% decrease</i>	<i>0%</i>
2012	54	\$1490	\$812.91	\$38.4
<i>Comparison to 2011</i>		<i>6.3% increase</i>	<i>15% decrease</i>	<i>57% decrease</i>
2011	51	\$1401	\$956	\$90

- **Health Risk Data:**

****% of HRA participants with noted health risk***

Top 5 Health Risks	2012	2013
Weight Management	52%	41%
Cancer Risk	48%	55%
Better Nutrition	42%	45%
Improved Fitness	42%	50%
Coronary Risk	33%	27%

- **Wellness Program Health Coaching Participation Data [snapshot]:**

New reporting program allows for more data within reports. Sample data collection below

Health Coaching	2014 [Jan-May 2014]	2013	2012
Booking Rates [%]	85%	84%	90%
Attendance Rates [%]	96%	92%	85%
Cancellation Rates [%]	4%	8%	15%