

Events Report:

Select Company: Amway

Start Date: 2014-11-02

End Date: 2015-01-24

Submit

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Date	Type	Event Name	Description	#s	Duration (min)	Added	EWS Rep	
Amway								
Nov 3, 2014 8:00 AM - Nov 28, 2014 5:00 PM	POD Posters	Holiday Tips	Month long bathroom poster display with tips for a healthy holiday season.	0	36540		Heather Barrett	
Nov 4, 2014 11:30 AM - Nov 4, 2014 12:00 PM	Health Fair (list)	Group Exercise	Laura did tabata wkout with lunch hr workout.	6	30	X	Laura Bonter	
Nov 6, 2014 8:30 AM - Nov 6, 2014 9:00 AM	Admin	admin	Laura did admin and emails at Amway.	0	30	X	Laura Bonter	
Nov 6, 2014 11:00 AM - Nov 6, 2014 11:30 AM	Walk Around #	walk around	Laura did walk around in cafeteria and IT, marketing depts.	8	30	X	Laura Bonter	
Nov 6, 2014 11:30 AM - Nov 6, 2014 12:00 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	5	30	X	Laura Bonter	
Nov 11, 2014 10:00 AM - Nov 11, 2014 10:30 AM	Admin	admin	Laura did admin (handed out flyers for Dec promo) and rescheduled emails-reminders etc	0	30	X	Laura Bonter	
Nov 11, 2014 11:00 AM - Nov 11, 2014 11:30 AM	Spot Consultations #	spot consults	Laura did walk around with spot consults in accounting and back office of warehouse	5	30	X	Laura Bonter	
Nov 11, 2014 12:00 PM - Nov 11, 2014 12:30 PM	Group Exercise #	Group Exercise	Laura did 30 min Lest we Forget Wkout in memory of our soldiers.	6	30	X	Laura Bonter	
Nov 12, 2014 8:00 AM - Dec 17, 2014 5:00 PM	Email Campaigns	Ready for the Holidays	6 week email campaign with healthy holiday tips.	0	50940		Heather Barrett	
Nov 18, 2014 11:30 AM - Nov 18, 2014 12:00 PM	Admin	admin	Laura did reminder emails and reschedule of appts.Quick ph mtg with Garth.	0	30	X	Laura Bonter	
Nov 18, 2014 12:00 PM - Nov 18, 2014 12:30 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	7	30	X	Laura Bonter	
Nov 20, 2014 11:30 AM - Nov 20, 2014 12:00 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	7	30	X	Laura Bonter	
Nov 25, 2014 10:00 AM - Nov 25, 2014 11:00 AM	Wellness Committee #	Wellness Committee Meeting	Wellness committee meeting	0	90	X	Heather Barrett	
Nov 25, 2014 12:00 PM - Nov 25, 2014 12:30 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	7	30	X	Laura Bonter	
Nov 27, 2014 10:30 AM - Nov 27, 2014 11:00 AM	Admin	admin	Laura did admin, emails and mthly class schedule for Amway.	0	30	X	Laura Bonter	
Nov 27, 2014 11:30 AM - Nov 27, 2014 12:00 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	7	30	X	Laura Bonter	
Dec 2, 2014 9:30 AM - Dec 2, 2014 10:00 AM	Admin	admin	Laura did admin and emails.	0	30	X	Laura Bonter	
Dec 2, 2014 11:30 AM - Dec 2, 2014 12:00 PM	Spot Consultations #	Spot Consults	Laura did spot consults during impromptu wa.	4	30	X	Laura Bonter	
Dec 2, 2014 12:00 PM - Dec	Group						Laura	

2, 2014 12:30 PM	Exercise (list)	Exercise Class	Laura led 30 min group exercise class	7	30	X	Bonter	
Dec 4, 2014 11:30 AM - Dec 4, 2014 12:00 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	3	30	X	Laura Bonter	✘
Dec 9, 2014 12:00 PM - Dec 9, 2014 12:30 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	4	30	X	Laura Bonter	✘
Dec 16, 2014 9:00 AM - Dec 16, 2014 9:30 AM	Walk Around #	walk around	Laura finished mint tea and candy cane walk around.	60	30	X	Laura Bonter	✘
Dec 16, 2014 9:30 AM - Dec 16, 2014 10:00 AM	Walk Around #	Mint Tea WA	Laura did mint tea/candy cane walk around.	30	30	X	Laura Bonter	✘
Dec 16, 2014 12:00 PM - Dec 16, 2014 12:30 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	6	30	X	Laura Bonter	✘
Dec 18, 2014 11:30 AM - Dec 18, 2014 12:00 PM	Group Exercise (list)	Exercise Class	Laura led 30 min group exercise class	5	30	X	Laura Bonter	✘
Jan 2, 2015 8:00 AM - Jan 30, 2015 5:00 PM	Posters	Self Awareness	Month long poster display on improving self-awareness.	0	40860		Heather Barrett	✘
Jan 2, 2015 8:00 AM - Jan 30, 2015 5:00 PM	Posters	Mental Health Boosters	Month long poster display with mental health advice.	0	40860		Heather Barrett	✘
Jan 6, 2015 9:30 AM - Jan 6, 2015 10:00 AM	Walk Around #	Walk Around	Laura did walk around in staffing area wishing staff happy new yr.	20	30	X	Laura Bonter	✘
Jan 6, 2015 11:00 AM - Jan 6, 2015 11:30 AM	Admin	admin	Laura did reminder/reschedule emails and admin work	0	30	X	Laura Bonter	✘
Jan 6, 2015 12:00 PM - Jan 6, 2015 12:30 PM	Group Exercise (list)	Group Exercise Class	Laura did full body workout for New Year Welcome Back Class.	9	30	X	Laura Bonter	✘
Jan 7, 2015 8:00 AM - Jan 28, 2015 5:00 PM	Email Campaigns	Power of Positive Thinking	4 week email campaign on the power of positive thinking	0	30780		Heather Barrett	✘
Jan 8, 2015 11:30 AM - Jan 8, 2015 12:00 PM	Group Exercise (list)	Exercise Class	30 minute group exercise class	8	30	X	Laura Bonter	✘
Jan 13, 2015 12:00 PM - Jan 13, 2015 12:30 PM	Group Exercise (list)	Exercise Class	30 minute group exercise class	6	30	X	Laura Bonter	✘
Jan 20, 2015 12:00 PM - Jan 20, 2015 12:30 PM	Group Exercise (list)	Exercise Class	30 minute group exercise class	8	30	X	null null	✘
Jan 22, 2015 11:30 AM - Jan 22, 2015 12:00 PM	Group Exercise (list)	Exercise Class	30 minute group exercise class	3	30	X	null null	✘