

Improve Health Increase Productivity Manage Health Plan Costs

# JOIN OUR HEALTH MOVEMENT







### A DIGITAL HEALTH AND WELLNESS STRATEGY FOR LARGE AND SMALL EMPLOYERS

The industry's most comprehensive group benefits program to help employees better understand and manage their health.



## JOIN OUR HEALTH MOVEMENT

## **3 DIGITAL PROGRAMS...**

work together for long-term engagement and a perpetual cycle of improvement.

## **DEPENDENTS AT NO COST...**

promote greater participation and support building for better results.

## **TEAM BUILDING & WEARABLE DEVICES**

## TOTAL SUPPORT WITH WELLNESS-IN-A-BOX

Roadmaps, posters, tent cards, desk cards, promotions, email campaigns and communications. Minimal time and expertise required to implement.

# Increase participation & fun and with wearable devices, teams, points, rewards and gamification.

## **Engaging and Personalized**

Our patented behavior change platform delivers personalized recommendations and action plans.

#### **Advanced Analytics**

MISSION

MISSION 2

MISSION 3

Create a personalized action plan using Digital Health Coach

**Health Connected** 

Participate in a health challenge and track results with a wearable device

APETUAL IMPROVEMENT CYCL

Complete your health risk assessment

Reduce 1 risk in next 30 days

The industry's most advanced analytics engine to measure and deliver insights on where to focus your efforts.



A Complete Health Strategy

The most robust digital health

for large and small employers

and wellness program available

said wellness was a good business investment

of employees felt better about their employer

HEALTH RISK ASSESSMENT

INDIVIDUAL AND TEAM CHALLENGES

DIGITAL HEALTH COACH

were more motivated to improve their health

## **BOOK YOUR DEMO TODAY**

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