# Hanukkah and Christmas Day



## Hanukkah (Jewish)

- Begins on the 25<sup>th</sup> day of the Jewish month of Kislev for 8 days
- Kislev is the 9<sup>th</sup> month on the Jewish calendar
- Also known as the festival of lights
- Celebrates the rededication of the Holy Temple in Jerusalem following the Maccabean revolt against the Seleucid Empire
- Tradition is to light the Menorah, one candle at a time, for 8 nights (starting from the right to the left)
- Many families give out presents each night

## **Potato Latkes**

6 Servings

Ingredients:



- 1 tbsp grated onions
- 2 cups peeled and shredded potatoes
- 3 eggs, beaten
- 2 tbsp all-purpose flour
- **1** ½ tsp salt
- 1/2 cup peanut oil for frying

## Directions:

1. Place the potatoes in a cheesecloth and wring, extracting as much moisture as possible.

2. In a medium bowl, stir the potatoes, onion, eggs, flour, and salt together.

3. In a large heavy-bottomed skillet over mediumhigh heat, heat the oil until hot. Place large spoonfuls of the potato mixture into the hot oil, pressing down on them to form 1/4-1/2 inch thick patties. Brown on one side, turn and brown on the other.

4. Let it drain on paper towels. Serve Hot!

## **Christmas Day (Christian)**

- December 25<sup>th</sup>
- Commemorates the birth of Jesus Christ
- Day spent with family and friends
- Christians attend a special church service
- Normally a festive meal with family and friends
- Customary to exchange gifts

# Tangy Honey Glazed Salmon

## 5 Servings

#### Ingredients:

- 2 lbs salmon fillet
- 1 cup orange juice
- 2 tsp balsamic vinegar
- 1 tsp finely chopped fresh ginger root
- salt and ground black pepper to taste

#### Directions:

1. Preheat oven to 400 degrees F (200 degrees C)

2. Place orange juice in a small saucepan over medium low heat. Cook and stir 10 to 15 minutes, until reduced by about 1/2 and thickened. Remove from heat, and allow to cool.

3. Stir balsamic vinegar and ginger root into orange juice.

4. Line a medium baking dish with parchment paper. Place salmon fillet on paper, skin side down. Season with salt and pepper. Cover with 1/2 the orange juice mixture.

5. Bake salmon in the preheated oven 10 to 15 minutes. Brush with remaining marinade, and continue baking 10 to 15 minutes, until easily flaked with a fork.

6. Serve with rice or quinoa.

