

Topics to be discussed will include:

* Learn about six fruits/vegetables that you may not have tried before…
* Discussions about health and nutritional benefits…
* Take home a healthy recipe handout using the produce discussed…

.....and more!

TO REGISTER for “Weird & Wonderful” Lunch and Learn:

See registration link in email or email us at <insert email address>

Bring your lunch and join us for some “food for thought”!

“Weird & Wonderful!”

Date: <Insert Date>

Time: <Insert Time>

Location: <Insert Location>

Presents: