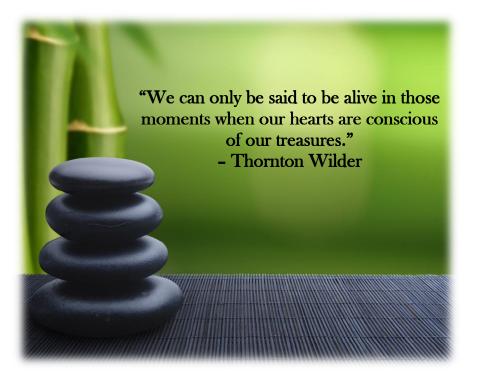


Fit & Lean in 2014

3.4: Gratitude Journal



Today, I am grateful.....

