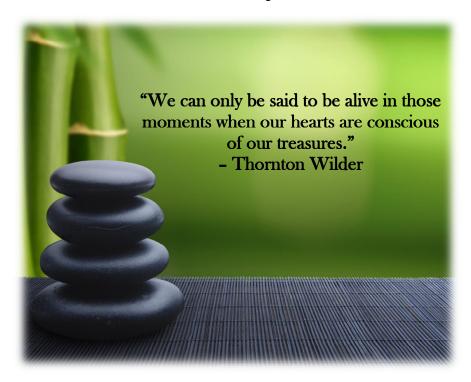


Fit & Lean in 2014

5.4: Gratitude Journal



Today, I am grateful......

