

OMG Wellness Program

Walking Routes

Location	Distance	Link
Halifax	1.2km	https://maps.google.ca/maps?saddr=1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&daddr=Salter+St+to:Lower+Water+St+to:1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&hl=en&sl=44.64716,-63.572105&sspn=0.008381,0.01929&geocode=FX1LqQldgfl1 CnZwfe5zSNaSzG8ULJ8-NtZhA%3BFYw7qQlddv01 A%3BFUdEqQldf o1 A%3BFX1LqQldgfl1 CnZwfe5zSNaSzEraELMS5wukg&dirflg=w&mra=ps&t=m&z=16
	2km	https://maps.google.ca/maps?saddr=1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&daddr=Barri ngton+St+to:Barrington+St+to:1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&hl=en&sl=44.645178,-63.570671&sspn=0.016763,0.038581&geocode=FX1LqQldgfl1 CnZwfe5zSNaSzG8ULJ8-NtZhA%3BFaplgQld--w1 A%3BFcltqQldnPo1 A%3BFX1LqQldgfl1 CnZwfe5zSNaSzEraELMS5wukg&dirflg=w&mra=dme &mrsp=2&sz=15&t=m&z=15
	2.4km	https://maps.google.ca/maps?saddr=1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&daddr=Unkn own+road+to:Unknown+road+to:1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&hl=en&sl=44.645178,-63.570671&sspn=0.016763,0.038581&geocode=FX1LqQldgfl1 CnZwfe5zSNaSzG8ULJ8-NtZhA%3BFaBKqQld4sg1 A%3BFYl- qQldMd41 A%3BFX1LqQldgfl1 CnZwfe5zSNaSzEraELMS5wukg&dirflg=w&mra=dme&mrsp=2&sz=15&t=m&z=15
	3.1km	https://maps.google.ca/maps?saddr=1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&daddr=Unkn own+road+to:Unknown+road+to:Spring+Garden+Rd+to:1801+Hollis+St+%231001,+Halifax,+NS+B3J +3N4&hl=en&sl=44.645178,-63.570671&sspn=0.016763,0.038581&geocode=FX1LqQldgfl1 CnZwfe5zSNaSzG8ULJ8-NtZhA%3BFaBKqQld4sg1 A%3BFYl- qQldMd41 A%3BFRA1qQld6uw1 A%3BFX1LqQldgfl1 CnZwfe5zSNaSzEraELMS5wukg&dirflg=w& mra=ps&t=m&z=15
	4.1km	https://maps.google.ca/maps?saddr=1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&daddr=Unkn own+road+to:Unknown+road+to:Spring+Garden+Rd+to:South+St+to:1801+Hollis+St+%231001,+Halif ax,+NS+B3J+3N4&hl=en&sl=44.645178,-63.570671&sspn=0.016763,0.038581&geocode=FX1LqQldgfl1 CnZwfe5zSNaSzG8ULJ8-NtZhA%3BFaBKqQld4sg1 A%3BFYl- qQldMd41 A%3BFRA1qQld6uw1 A%3BFSgnqQldAv41 A%3BFX1LqQldgfl1 CnZwfe5zSNaSzEraE LMS5wukg&dirflg=w&mra=ps&t=m&z=15
	4.9km	https://maps.google.ca/maps?saddr=1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&daddr=Unkn own+road+to:Unknown+road+to:South+Park+St+to:South+St+to:Lower+Water+St+to:Upper+Water+S t+to:1801+Hollis+St+%231001,+Halifax,+NS+B3J+3N4&hl=en&sl=44.643773,-63.570457&sspn=0.016763,0.038581&geocode=FX1LqQldgfl1 CnZwfe5zSNaSzG8ULJ8-NtZhA%3BFaBKqQld4sg1 A%3BFVg qQld9tc1 A%3BFUQkqQlddd81 A%3BFSgnqQldAv41 A%3 BFc4rqQld6gY2 A%3BFepKqQldGvU1 A%3BFX1LqQldgfl1 CnZwfe5zSNaSzEraELMS5wukg&dirfl g=w&mra=dme&mrsp=2&sz=15&t=m&z=15
Moncton	1km	https://maps.google.ca/maps?saddr=860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&daddr=Church+St+to:860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&hl=en&sl=46.090243,-64.777515&sspn=0.00817,0.01929&geocode=FYw vwldP4wj ClbH49RObmgTDGWvNjdoZEcOg%3BFfBNvwldcosj A%3BFYw vwldP4wj ClbH49RObmgTDGWvNjdoZEcOg&dirflg=w&mra=dme&mrsp =1&sz=16&t=m&z=16 OR https://maps.google.ca/maps?saddr=860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&daddr=Victoria+St+to:Alma+St+to:860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&hl =en&sl=46.090243,-64.777515&sspn=0.00817,0.01929&geocode=FYw vwldP4wj ClbH49RObmgTDGWvNjdoZEcOg%3BFahJvwldElsj A%3BFWIHvwld9Jlj A%3BFYw vwldP4wj ClbH49RObmgTDGWvNjdoZEcOg&dirfl g=w&mra=dme&mrsp=2&sz=16&t=m&z=16
	1.9km	https://maps.google.ca/maps?saddr=860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&daddr=Main+St%2FNB-106+W+to:St+George+St+to:Botsford+St+to:860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1 C+1G2&hl=en&sl=46.090243,-64.777515&sspn=0.00817,0.01929&geocode=FYw vwldP4wj ClbH49RObmgTDGWvNjdoZEcOg%3BFXl9vwldmIMj A%3BFXpLvwldtHwj A%3BFaFivwld8pYj A%3BFYw vwldP4wj ClbH49RObmgTD GWvNjdoZEcOg&dirflg=w&mra=dme&mrsp=3&sz=16&t=m&z=16
	2.2km	https://maps.google.ca/maps?saddr=860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&daddr=Unknown+road+to:Unknown+road+to:Foundry+St+to:860+MAIN+STREET,+STE.+300,+MON CTON,+NB,+E1C+1G2&hl=en&sl=46.083516,-64.777987&sspn=0.00817,0.01929&geocode=FYw vwldP4wj ClbH49RObmgTDGWvNjdoZEcOg%3BFTI9vwldn6Uj A%3BFYQtvwldmpYj A%3BFYAvvwldWokj A%3BFYw vwldP4wj ClbH49RObmg TDGWvNjdoZEcOg&dirflg=w&mra=dme&mrsp=2&sz=16&t=m&z=16

	2.8km	https://maps.google.ca/maps?saddr=860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&daddr=Main+St%2FNB-106+W+to:St+George+St+to:King+St%2FNew+Brunswick+126+S+to:860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&hl=en&sll=46.091299,-64.777601&sspn=0.00817,0.01929&geocode=FyW_vwldP4wj_ClbH49RObmgTDGWvNjdoZEcOg%3BFXl9vwldmImj_A%3BFXpLvwldtHwj_A%3BFERNvwldZ64j_A%3BFYw_vwldP4wj_ClbH49RObmgTDGWvNjdoZEcOg&dirflg=w&mra=dme&mrsp=3&sz=16&t=m&z=16
	4.6km	https://maps.google.ca/maps?saddr=860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&daddr=King+St+to:Unknown+road+to:Albert+St+to:860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&hl=en&sll=46.089514,-64.77037&sspn=0.00817,0.01929&geocode=FyW_vwldP4wj_ClbH49RObmgTDGWvNjdoZEcOg%3BFVJKvwldHLAj_A%3BFaoSvwldq3lj_A%3BFQYsvwldqHsj_A%3BFYw_vwldP4wj_ClbH49RObmgTDGWvNjdoZEcOg&dirflg=w&mra=dme&mrsp=1&sz=16&t=m&z=16
	5.1km	https://maps.google.ca/maps?saddr=860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&daddr=King+St+to:Unknown+road+to:Unknown+road+to:860+MAIN+STREET,+STE.+300,+MONCTON,+NB,+E1C+1G2&hl=en&sll=46.083755,-64.77803&sspn=0.016342,0.038581&geocode=FyW_vwldP4wj_ClbH49RObmgTDGWvNjdoZEcOg%3BFVJKvwldHLAj_A%3BFaoSvwldq3lj_A%3BFa4_vwldZKQj_A%3BFYw_vwldP4wj_ClbH49RObmgTDGWvNjdoZEcOg&dirflg=w&mra=pr&t=m&z=15
Saint John	1km	https://maps.google.ca/maps?saddr=44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&daddr=Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&hl=en&ll=45.272923,-66.064669&spn=0.002073,0.004823&sll=45.273112,-66.06482&sspn=0.002073,0.004823&geocode=FRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w%3BFRvNsgld-egP_A%3BFQHSsgldKeYP_A%3BFbrMsgld4OkP_A%3BFRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w&dirflg=w&mra=ps&t=m&z=18
	1.5km	https://maps.google.ca/maps?saddr=44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&daddr=Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&hl=en&ll=45.273188,-66.070265&spn=0.004145,0.009645&sll=45.274041,-66.067722&sspn=0.002072,0.004823&geocode=FRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w%3BFRvNsgld-egP_A%3BFQHSsgldKeYP_A%3BFRDWSgldquAP_A%3BFbrMsgld4OkP_A%3BFRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w&dirflg=w&mra=ps&t=m&z=17
	1.6km	https://maps.google.ca/maps?saddr=44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&daddr=Water+St+to:Prince+William+St+to:44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&hl=en&sll=45.269647,-66.065533&sspn=0.008291,0.01929&geocode=FRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w%3BFYq3sgldxP4P_A%3BFcy9sgldp0P_A%3BFRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w&dirflg=w&mra=ps&t=m&z=16
	2.2km	https://maps.google.ca/maps?saddr=44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&daddr=Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&hl=en&sll=45.273495,-66.06747&sspn=0.00829,0.01929&geocode=FRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w%3BFRvNsgld-egP_A%3BFQHSsgldKeYP_A%3BFdjQsgldF9AP_A%3BFbrMsgld4OkP_A%3BFRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w&dirflg=w&mra=pr&t=m&z=16
	3km	https://maps.google.ca/maps?saddr=44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&daddr=Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&hl=en&sll=45.269986,-66.074824&sspn=0.004145,0.009645&geocode=FRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w%3BFRvNsgld-egP_A%3BFQHSsgldKeYP_A%3BFfrlsgldpsEP_A%3BFbrMsgld4OkP_A%3BFRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w&dirflg=w&mra=dme&mrsp=3&sz=17&t=m&z=17
	4.4km	https://maps.google.ca/maps?saddr=44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&daddr=Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&hl=en&sll=45.27026,-66.07091&sspn=0.016581,0.038581&geocode=FRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w%3BFRvNsgld-egP_A%3BFQHSsgldKeYP_A%3BFXSzsgldOrUP_A%3BFbrMsgld4OkP_A%3BFRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w&dirflg=w&mra=pr&t=m&z=15
	5km	https://maps.google.ca/maps?saddr=44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&daddr=Harbour+Passage+to:Harbour+Passage+to:Harbour+Passage+to:Water+St+to:Prince+William+St+to:44+CHIPMAN+HILL,+STE.+1400,+SAINT+JOHN,+NB,+E2L+2A9&hl=en&sll=45.270054,-66.065211&sspn=0.016581,0.038581&geocode=FRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w%3BFRvNsgld-egP_A%3BFQHSsgldKeYP_A%3BFXSzsgldOrUP_A%3BFelCsgldPPkP_A%3BFZTnsglda_gP_A%3BFRHQsgldFfgP_CIR88ocfbOnTDH4L8baVYxS1w&dirflg=w&mra=dme&mrsp=4&sz=15&t=m&z=15