Yogurt Parfait Promo Day

Items Needed:

-styrofoam cups

-spoons

-table cloth

-thawed or fresh berries

- PC Granola - Omega 3 AND/OR Gluten-free granola [found at Superstore]

-vanilla or fruit yogurt AND/OR Lactose free yogurt [Yoptimal]

-bowls, spoons, ice to keep yogurt and berries cold

\*\*\*layer in Styrofoam cups in this order: berries, yogurt, garnish with granola.