Employee Wellness Solutions Network
Nutrition | Balanced Lifestyle | Fitness

Water Challenge

For every 8-ounce glass of water you drink, cross off a glass.
FULL CARD = 12 glasses of water

Put full cards in the marked envelope/fish bowl. Don't forget your name and extension!
Prize draws will be done at the end of the campaign.
The more completed Water Cards, the more chances you have to WIN!

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