

# Best Recipe Websites and Resources



## Websites

### Gluten-Free

- [www.celiac.com](http://www.celiac.com)
- [www.glutino.com](http://www.glutino.com)
- [www.glutenfreeda.com](http://www.glutenfreeda.com)
- [www.101cookbooks.com](http://www.101cookbooks.com)
- [www.glutenfreediva.com](http://www.glutenfreediva.com)

### Heart Healthy

- [www.heartandstroke.com](http://www.heartandstroke.com)
- [www.mayoclinic.com](http://www.mayoclinic.com)
- [www.heart.org](http://www.heart.org)

### Vegetarian

- [www.vegweb.com](http://www.vegweb.com)
- [www.finecooking.com](http://www.finecooking.com)
- [www.canadianliving.com](http://www.canadianliving.com)

### Diabetic

- [www.diabetes.ca](http://www.diabetes.ca)
- [www.diabeticlifestyle.com](http://www.diabeticlifestyle.com)
- [www.diabeticlivingonline.com](http://www.diabeticlivingonline.com)

### Dairy-free/lactose intolerance

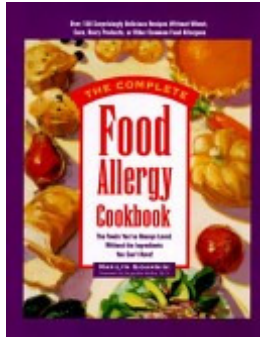
- [www.godairyfree.org](http://www.godairyfree.org)
- [www.livingwithout.com](http://www.livingwithout.com)
- [www.nomilk.com](http://www.nomilk.com)
- [www.foodallergy.org](http://www.foodallergy.org)
- [www.veganmania.com](http://www.veganmania.com)
- [www.dairyfreecooking.about.com](http://www.dairyfreecooking.about.com)

### General Healthy Eating

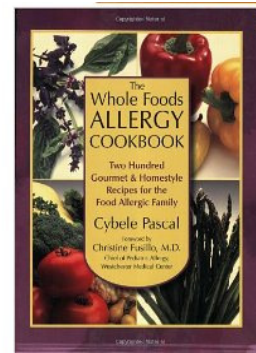
- [www.eatingwell.com](http://www.eatingwell.com)
- [www.punchfork.com](http://www.punchfork.com)
- [www.foodnetwork.ca](http://www.foodnetwork.ca)
- [www.epicurious.com](http://www.epicurious.com)
- [www.cleaneatingmag.com](http://www.cleaneatingmag.com)
- [www.canadianliving.com](http://www.canadianliving.com)
- [www.health.com](http://www.health.com)
- [www.thekitchn.com](http://www.thekitchn.com)



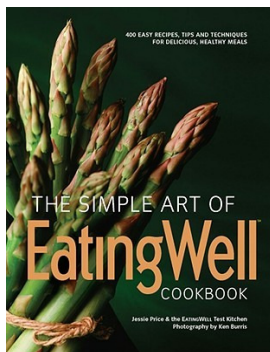
## Resources



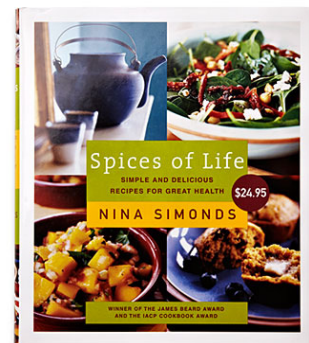
The Complete Food Allergy Cookbook: The foods you've always loved without the ingredients you can't have!, Marilyn Gioannini



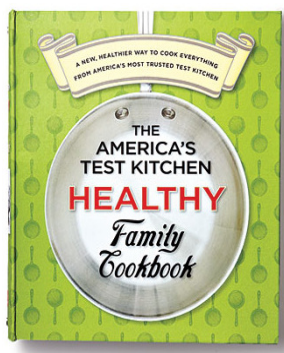
The Whole Foods Allergy Cookbook: Two Hundred Gourmet and Homestyle Recipes for the Food Allergic Family, Cybele Pascal



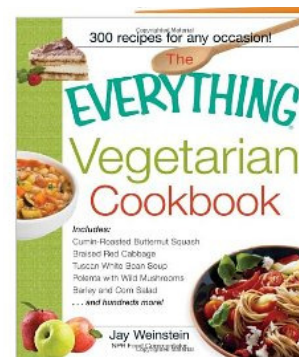
The Simple Art of EatingWell, Jessie Price & the EatingWell Test Kitchen



Spices of Life: Simple and Delicious Recipes for Great Health, Nina Simonds



The America's Test Kitchen Healthy Family Cookbook, by the editors at America's Test Kitchen



The Everything Vegetarian Cookbook: 300 Healthy Recipes Everyone Will Enjoy, Jay Weinstein