|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Company Name – Jan-June 2013 At-A-Glance [subject to change as per wellness committee, needs and interests]  PWP Focus [2013: INSERT HERE] | | | | | | |
| **Initiative** | **Jan** | **Feb** | **March** | **Apr** | **May** | **June** |
| **INDIVIDUAL** | | | | | | |
| Consultations |  | | | | | |
| Individual |  | | | | | |
| PWP |  | | | | | |
| **GROUP** | | | | | | |
| Exercise Class/Series |  | | | | | |
| Lunch n’ Learns/Webinars |  | | | | | |
| Workshop Series |  | | | | | |
| Group Challenge  [team] |  | | | | | |
| Virtual Challenge  [team] |  | | | | | |
| **AWARENESS** | | | | | | |
| Newsletter |  | | | | | |
| Kiosk / Poster Display |  | | | | | |
| POD Posters |  | | | | | |
| Sleeve Posters |  | | | | | |
| Email/On-site/Pay-Stub Campaign |  | | | | | |
| Walk Around |  | | | | | |
| Promo Day |  | | | | | |
| Wellness Challenge  [Individual] |  | | | | | |
| Virtual Challenge  [individual] |  | | | | | |
| Health Fair |  | | | | | |
| Corporate Reporting |  | | | | | |
|  |  | | | | | |