



Virtual Wellness Program Options

		Level I	Level II	Level III	Level IV	Level V
Email Campaigns	4	✓	✓	✓	✓	✓
Awareness Posters <i>(set of 4)</i>	4	✓	✓	✓	✓	✓
Awareness Kiosk Poster Display <i>(6-8/set)</i>	4	✓	✓	✓	✓	✓
EWS Newsletter	12	✓	✓	✓	✓	✓
EWSNetwork E-Challenges	12	✓	✓	✓	✓	✓
Custom Online Resource Center		✓	✓	✓	✓	✓
Individual Online Portal <i>Employees access, set goals and track progress</i>		✓	✓	✓	✓	✓
Online Challenges <i>Teams/Individual</i>			✓	✓	✓	✓
Personal Event Calendar <i>Updated bi-monthly</i>			✓	✓	✓	✓
Lunch n' Learns Webinar <i>Chosen from EWSNetwork toolbox</i>	4		✓	✓	✓	Onsite
Snap-Shot Reports	3		✓	✓	✓	✓
Information Gathering <i>Organize baseline metrix and logistical information</i>			✓	✓	✓	✓
Virtual Program Launch	1		✓	✓	✓	✓
Virtual Wellness Committee <i>Guidance, support in consultative process</i>			✓	✓	✓	Onsite
Health Risk Assessment <i>Corporate trend report outlines top risks, & economic benefit report</i>				✓	✓	✓
Annual Personal Wellness Profile				✓	✓	✓
Progression Report	2			✓	✓	✓
Onsite Presence <i>consultants reach out & engage individuals in wellness initiatives</i>				✓	✓	✓
Virtual One-on-One Coaching <i>Private, individual health coaching for employees (max. 50% of employees 4x per year)</i>					✓	Onsite
Minimum Price Per Month		\$95.00/mth	\$235.00/mth	\$260.00/mth	\$349.00/mth	Quote
Package Rate <i>(0-49 per month pricing)</i>		\$3.70 - 9.50	\$7.20 - 23.50	\$8.80 - 26.00	\$17.80 - 34.90	
Package Rate <i>(50-99 per month pricing)</i>		\$2.70 - 3.50	\$4.50 - 6.95	\$6.30 - 8.75	\$11.30 - 17.50	
Package Rate <i>(100+ per month pricing)</i>		\$1.35 - 2.65	\$1.75 - 4.45	\$2.60 - 6.25	\$5.92 - 11.23	



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