**Healthy Lifestyle POKER e-mail**

Good afternoon!

The EWSNetwork and the wellness committee is excited to announce the next wellness challenge - beginning >>> - HEALTHY LIFESTYLE POKER!

This challenge will begin on >>>> and is a 3-week challenge that is based around doing healthy things [to get back on track for 2012]. Complete healthy tasks and accumulate cards for the best hand! The THREE people with the best hand of 5 cards, wins!

All instructions are attached. Also, we’ll post the instructions and poster, with details, in the >>>>>.

More details to follow as we get closer to the start date.

Thanks for your time!