

Fast Food Scramble

Place the fast food items in order of LEAST FAT to MOST FAT by writing the appropriate number beside the item (1 = least fat, 5 = most fat).

___ **2** ___



Large Iced Cap [20g]

___ **3** ___



Wendy's Apple Pecan Chicken Salad [27g]

___ **1** ___



Subway 6" Cold Cut Sub [17g]

___ **4** ___



McDonalds Big Breakfast with Hashbrown [39g]

___ **5** ___



Dairy Queen Large Skor Blizzard [50g]