



# Day 5

## 10 Family Fun Activities to do this Summer!

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- 1. Live Sporting Event:** Take me out to the ball game! Throw on your favourite team's jersey and support your team with a family outing to a ballpark or stadium. Bring some snacks or grab some peanuts, settle into your seat, and cheer your team to victory!
- 2. Become one with nature:** Get outdoors under the sun and stars, have a campfire and pitch a tent! You can do a weekend getaway up to a national park like Algonquin or you can keep it local and have a campout in the backyard. It's a great way to spend quality time with the family and it's amazing how your own yard can be transformed into a nature wonderland at night!
- 3. The Zoo:** Who doesn't love animals? A trip to the zoo is a great day for the whole family to enjoy. You can take your family to visit each creature's exhibit and it's a great chance for you to help your kids learn about animals.
- 4. Science Museum:** Science may sound like a bore to some, but the science museum has so much to offer family members of all ages. If you live in a large city, or close to one, chances are you have a science museum nearby. You can explore the wide array of exhibits ranging from astrology to marine life and everything in between!
- 5. Park/Hiking Trail:** Hiking is a great way to get out and see the beauty nature has to offer while also getting some exercise at the same time. A cool idea would be to read up on some different trees, birds, or flowers native to your area and give your children a nature lesson while you are on your hike.
- 6. Kids Concert or Show:** Check out your local newspaper or the web for what is going on near you and show your family a good time! Disney on ice is always a pleaser, or check out what your local theatre has to offer on old favourites.
- 7. Amusement Park:** These parks are full of fun things to do for every member of the family. You can ride the hair-raising roller coasters, splash around in the water park, or see a cool live show! This day will be full of fun, thrill and adventure for everyone!
- 8. Movies:** This is the perfect summer rainy day activity, and you can make it a family affair. It is always fun for kids to see their favourite characters on the big screen with big sound, and you can kick back, relax and enjoy the show too.
- 9. Outdoor Sports:** Biking, baseball, badminton, bocce ball, volleyball, and soccer are great activities that can be simplified so that everyone in the family can join in. Have some fun while being active at the same time!
- 10. Bowling:** Another great rainy day activity. Check out your local bowling alley for some fun activities. Some bowling alleys even have pool tables and arcade games to make for a fun competitive day out with the family.

