



Liability waiver for wellness program participants at _____.

The undersigned hereby acknowledges and agrees that all workouts, exercises and/or physical activities performed on the company premises, under the guidance of Employee Wellness Solutions Network, and/or its members, directors, organizers, sponsors, contractors, employees and/or volunteers, shall be at the undersigned's own risk. The undersigned hereby assumes full responsibility for such risk.

The undersigned also acknowledges and agrees that any additional advice and guidance regarding nutrition, employee wellness program design, seminar series, and any voluntary participation in employee wellness questionnaires and activities conducted off the _____ premises, shall be at the undersigned's own risk and the undersigned hereby assumes full responsibility for such risk.

The undersigned hereby releases, discharges, waives, agrees to indemnify and agrees not to sue Employee Wellness Solutions Network, and/or its members, directors, organizers, sponsors, contractors, employees and/or volunteers in connection with any loss, injury, liability, damages, or costs howsoever arising, whether by negligence or otherwise, in connection with the workouts, exercises, physical activities, and any related wellness program activities conducted under the guidance of Employee Wellness Solutions Network and/or its members, directors, organizers, sponsors, contractors, employees and/or volunteers.

The undersigned hereby acknowledges that this Release has been read and understood in its entirety and that it has been signed voluntarily.

Printed name

Signature

As per Employee Wellness
Solutions Network

Date

