

# ATTITUDE OF GRATITUDE

## 14 Day Gratitude Journal

WE CAN ONLY BE SAID TO BE ALIVE IN THOSE MOMENTS  
WHEN OUR HEARTS ARE CONSCIOUS OF OUR TREASURES.

Thornton Wilder



*Today, I am grateful for...*

Day 1

Three horizontal dashed lines for writing.

Day 2

Three horizontal dashed lines for writing.

Day 3

Three horizontal dashed lines for writing.

# ATTITUDE OF GRATITUDE

## 14 Day Gratitude Journal

Day 4

Three horizontal dashed lines for writing.

Day 5

Three horizontal dashed lines for writing.

Day 6

Three horizontal dashed lines for writing.

Day 7

Three horizontal dashed lines for writing.

# ATTITUDE OF GRATITUDE

## 14 Day Gratitude Journal

Day 8

Three horizontal dashed lines for writing.

Day 9

Three horizontal dashed lines for writing.

Day 10

Three horizontal dashed lines for writing.

Day 11

Three horizontal dashed lines for writing.

# ATTITUDE OF GRATITUDE

## 14 Day Gratitude Journal

Day 12

Three horizontal dashed lines for writing.

Day 13

Three horizontal dashed lines for writing.

Day 14

Three horizontal dashed lines for writing.

Practicing *gratitude* and being *grateful*  
are keys to a *happier* life.